

0 – 19 Child and Family Support Service – Carlisle



Time Together

*******NEW*******

Do you have a child with additional needs?

Would you like to chat with other families that are in a similar situation as you?

Would you like to ask questions and get tips from experienced professionals?

Every Wednesday
10:30am – 11:30am
Via Zoom



Come and join our weekly support group to get some tips and have friendly chats.

Meet other parents/carers

Communication advice

Physical development tips

Advice about starting nursery/school

Support services that you can access

To find out more or to book a place contact us by phone, email or send us a private message on our Facebook page

Gemma: 07815 686 694 or email gemma.king@family-action.org.uk

Zeta: 07816 087 114 or email zeta.setchell@family-action.org.uk



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