



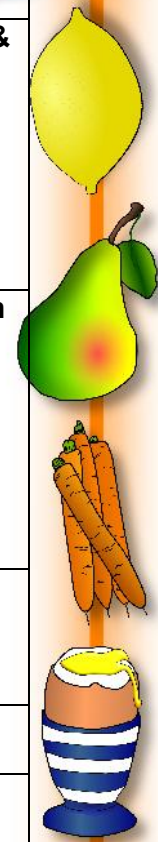
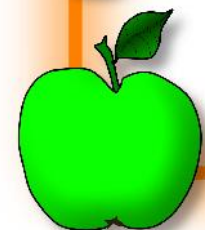
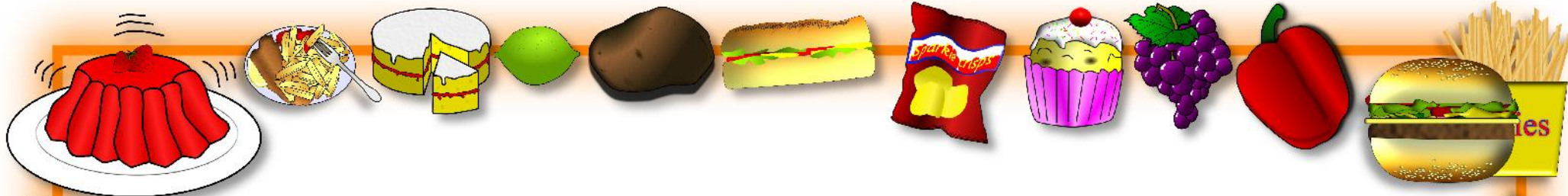




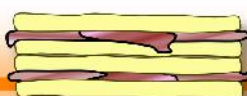
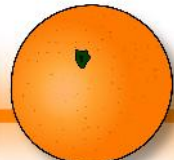
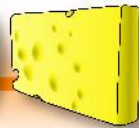
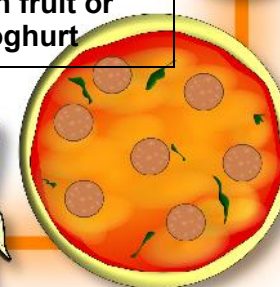
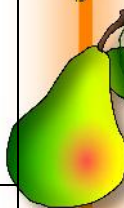
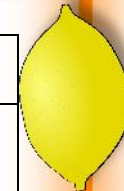


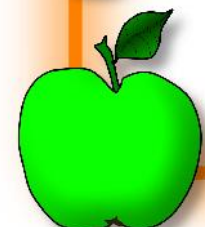
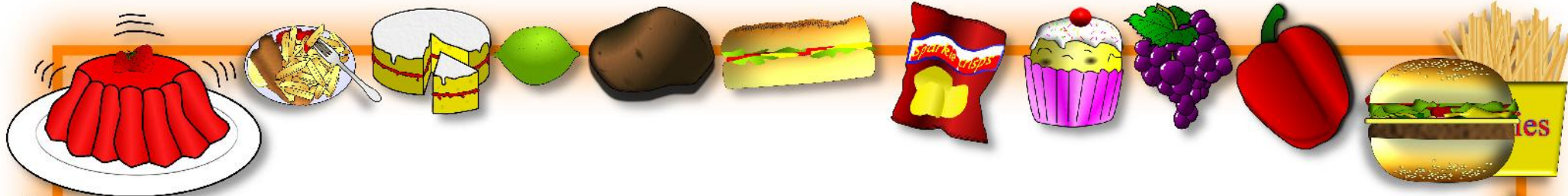
Menu 7	Monday	Tuesday	Wednesday	Thursday	Friday
1 st Choice	Fish fingers with diced potatoes Side: peas	Meatballs and pasta with tomato sauce Side: salad	Roast turkey Sides: roast potatoes, Yorkshire Pudding, broccoli, carrots and gravy	Homemade cheese pie Sides: beans and cucumber	Chicken goujons & wedges Sides: coleslaw and salad
2 nd Choice	Jacket potato with cheese, beans or tuna 	Jacket potato with cheese, beans or tuna 	Sausage Sides: roast potatoes, Yorkshire Pudding, broccoli, carrots and gravy	Jacket potato with cheese, beans or tuna 	Jacket potato with cheese, beans or tuna 
3 rd Choice	Sandwich with ham, cheese or tuna	Sandwich with ham, cheese or tuna	-	Sandwich with ham, cheese or tuna	Sandwich with ham, cheese or tuna
Dessert 1 st Choice	Ice cream	Carrot cake	Fruity jelly	Cookies	Donuts
Dessert 2 nd Choice	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt







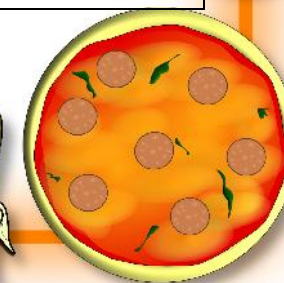
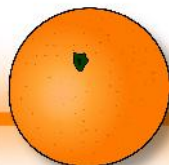
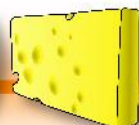
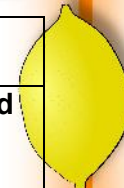


Menu 8	Monday	Tuesday	Wednesday	Thursday	Friday
1 st Choice	Homemade pasta bolognese Sides: garlic bread and salad	Homemade mild chicken curry with rice Sides: sweetcorn and naan bread	Roast gammon Sides: roast potatoes, Yorkshire pudding, carrots, broccoli and gravy	Sausage roll Sides: beans and cucumber	Hot dog & waffles Side: sweetcorn
2 nd Choice	Jacket potato with cheese, beans or tuna 	Jacket potato with cheese, beans or tuna 	Sausage Sides: roast potatoes, Yorkshire pudding, carrots, broccoli and gravy	Jacket potato with cheese, beans or tuna 	Jacket potato with cheese, beans or tuna 
3 rd Choice	Sandwich with ham, cheese or tuna	Sandwich with ham, cheese or tuna	-	Sandwich with ham, cheese or tuna	Sandwich with ham, cheese or tuna
Dessert 1 st Choice	Choc ice	Choc sponge	Fruity flapjack	Cookies	Australian crunch
Dessert 2 nd Choice	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt





Menu 9	Monday	Tuesday	Wednesday	Thursday	Friday
1 st Choice	Homemade pizza and fries Side: salad	Mild chilli with rice Side: sweetcorn	Roast beef Sides: mash, broccoli, carrots, Yorkshire pudding and gravy	Homemade lasagne Sides: salad and garlic bread	Fish goujons and chips Side: peas
2 nd Choice	Jacket potato with cheese, beans or tuna 	Jacket potato with cheese, beans or tuna 	Sausage Sides: mash, broccoli, carrots, Yorkshire pudding and gravy	Jacket potato with cheese, beans or tuna 	Jacket potato with cheese, beans or tuna 
3 rd Choice	Sandwich with ham, cheese or tuna	Sandwich with ham, cheese or tuna	-	Sandwich with ham, cheese or tuna	Sandwich with ham, cheese or tuna
Dessert 1 st Choice	Ice cream	Lemon and blueberry sponge	School cake	Chocolate brownie	Meringue, fruit and cream
Dessert 2 nd Choice	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt



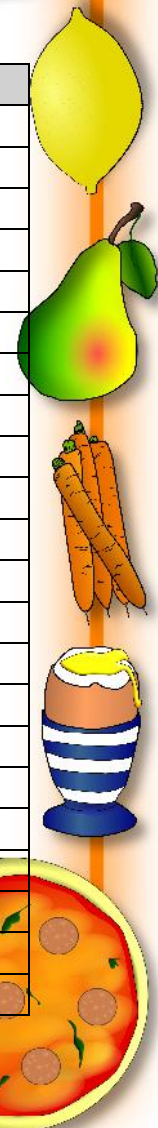


ALLERGEN & DIETARY INFORMATION

Gluten free items available on request.



Meal Name	Menu	Allergy Information
Fish fingers with diced potatoes	7	Contains: fish
Meatballs and pasta with tomato sauce	7	Contains: cereals containing gluten
Roast turkey	7	Contains: cereals containing gluten, sulphates, egg, milk
Cheese pie	7	Contains: cereals containing gluten, eggs, milk
Chicken goujons with wedges	7	Contains: cereals containing gluten, egg
Pasta bolognese	8	Contains: cereals containing gluten, celery
Mild chicken curry	8	Contains: cereals containing gluten, celery, mustard
Roast gammon	8	Contains: cereals containing gluten, egg, milk, sulphates
Sausage roll	8	Contains: cereals containing gluten, milk, soya, sulphates
Hot dog and waffles	8	Contains: cereals containing gluten
Pizza and fries	9	Contains: cereals containing gluten, milk, soya
Chilli & rice	9	
Roast beef	9	Contains: cereals containing gluten, eggs, milk, sulphates
Lasagne	9	Contains: cereals containing gluten, milk, celery
Fish goujons	9	Contains: cereals containing gluten, fish
Sausage	All	Contains: cereals containing gluten, milk, sulphates
Ham sandwich	All	Contains: cereals containing gluten, soya.
Cheese sandwich	All	Contains: cereals containing gluten, soya, milk.
Tuna sandwich	All	Contains: cereals containing gluten, eggs, fish, milk, soya.
Jacket Potato with cheese	All	Contains: milk.
Jacket Potato with beans	All	
Jacket Potato with tuna	All	Contains: eggs, fish, milk





ALLERGEN & DIETARY INFORMATION

Gluten free items available on request.

Dessert	Menu	Allergy Information
Ice cream	7	Contains: milk
Carrot cake	7	Contains: cereals containing gluten, soya, eggs, milk
Fruity jelly	7	Contains: cereals containing gluten, milk, eggs, soya
Cookies	7	Contains: cereals containing gluten, eggs, milk, sulphates
Donuts	7	Contains: cereals containing gluten, eggs, milk, soya
Choc ice	8	Contains: soya, milk
Choc sponge	8	Contains: cereals containing gluten, eggs, milk
Fruity flapjack	8	Contains: cereals containing gluten
Cookies	8	Contains: cereals containing gluten, milk, eggs, soya
Australian crunch	8	Contains: cereals containing gluten, milk, sulphates, soya
Ice cream	9	Contains: milk
Lemon and blueberry sponge	9	Contains: cereals containing gluten, milk, eggs
School cake	9	Contains: cereals containing gluten, eggs, milk.
Chocolate brownie	9	Contains: cereals containing gluten, eggs
Meringue, cream and fruit	9	Contains: eggs, milk
Yoghurt	All	Contains: milk
Fruit	All	

