



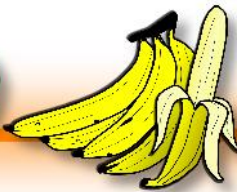
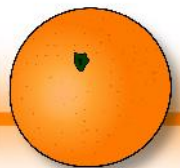
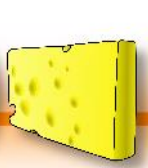
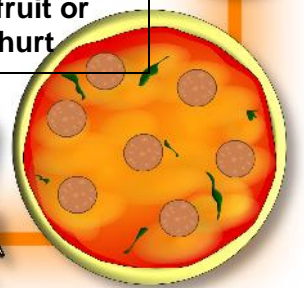
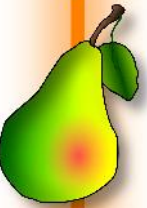
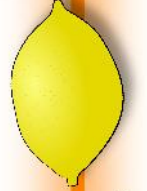
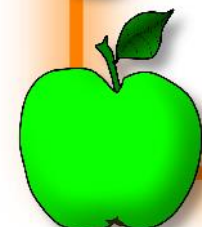
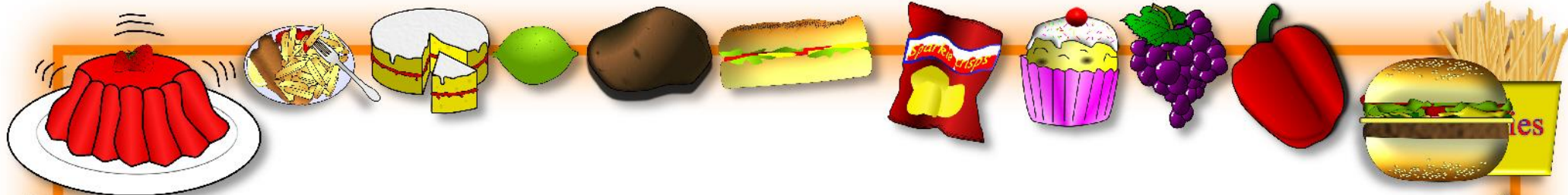




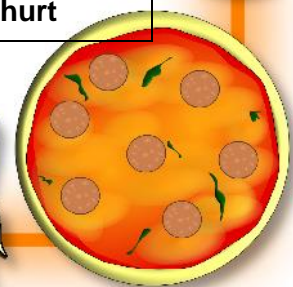
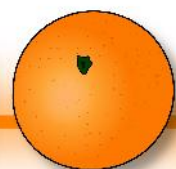
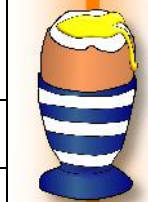
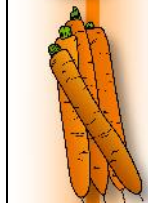
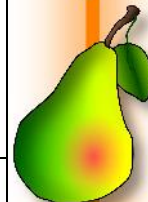
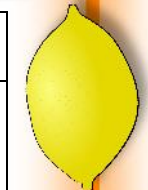


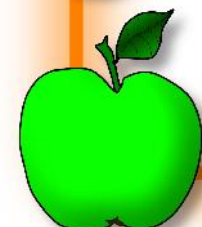
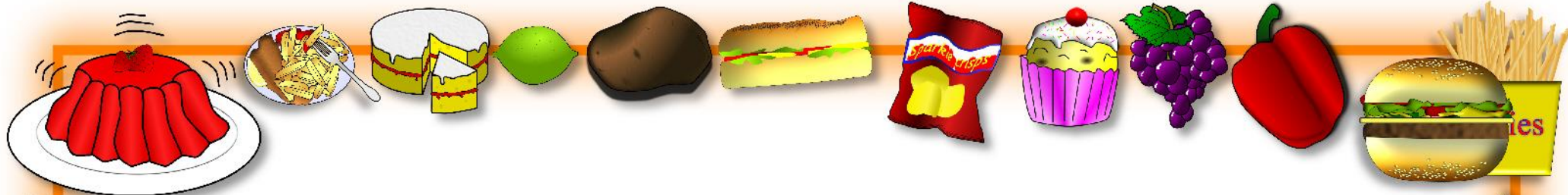
Menu 1	Monday	Tuesday	Wednesday	Thursday	Friday
1 st Choice	Meatballs and pasta twists with gravy or tomato and basil sauce Side: sweetcorn	Fish fingers and waffles Side: beans	Roast gammon Sides: creamy mash, carrots, cauliflower, Yorkshire pudding and gravy	Lasagne Sides: garlic bread and salad	Pizza and wedges Sides: sweetcorn and coleslaw
2 nd Choice	Jacket potato with cheese, beans or tuna 	Jacket potato with cheese, beans or tuna 	Sausage Sides: creamy mash, carrots, cauliflower, Yorkshire pudding and gravy	Jacket potato with cheese, beans or tuna 	Jacket potato with cheese, beans or tuna 
3 rd Choice	Sandwich with ham, cheese or tuna	Sandwich with ham, cheese or tuna	-	Sandwich with ham, cheese or tuna	Sandwich with ham, cheese or tuna
Dessert 1 st Choice	Arctic roll	Sponge with sprinkles	Chocolate crunch	Toffee apple muffin	Choc ice
Dessert 2 nd Choice	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt









Menu 2	Monday	Tuesday	Wednesday	Thursday	Friday
1 st Choice	Sausage roll Sides: beans or sweetcorn	Pasta twists with ham, cheese or tuna Sides: freshly baked bread and salad	Roast chicken Sides: stuffing, Yorkshire Pudding, roast potatoes, broccoli, carrots and gravy	Spaghetti bolognese Sides: garlic bread and sweetcorn	Crispy chicken in a bun with lettuce and mayo Side: cucumber sticks
2 nd Choice	Jacket potato with cheese, beans or tuna 	Jacket potato with cheese, beans or tuna 	Sausage Sides: stuffing, Yorkshire Pudding, roast potatoes, broccoli, carrots and gravy	Jacket potato with cheese, beans or tuna 	Jacket potato with cheese, beans or tuna 
3 rd Choice	Sandwich with ham, cheese or tuna	Sandwich with ham, cheese or tuna	-	Sandwich with ham, cheese or tuna	Sandwich with ham, cheese or tuna
Dessert 1 st Choice	Ice cream	Shortbread	Digestive biscuits, cheese and grapes	Choc chip cookie	Frozen yoghurt
Dessert 2 nd Choice	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt





Menu 3	Monday	Tuesday	Wednesday	Thursday	Friday
1 st Choice	Fish and chips Side: peas	Mild chicken tikka with rice Sides: sweetcorn and mini naan bread	Roast beef Sides: Yorkshire pudding, creamy mash, carrots, broccoli and gravy	Tomato and basil pasta Sides: garlic bread, grated cheese and cucumber sticks	All Day Breakfast (sausage, bacon, hash browns, scrambled egg and beans)
2 nd Choice	Jacket potato with cheese, beans or tuna 	Jacket potato with cheese, beans or tuna 	Sausage Sides: Yorkshire pudding, creamy mash, carrots, broccoli and gravy	Jacket potato with cheese, beans or tuna 	Jacket potato with cheese, beans or tuna 
3 rd Choice	Sandwich with ham, cheese or tuna	Sandwich with ham, cheese or tuna	-	Sandwich with ham, cheese or tuna	Sandwich with ham, cheese or tuna
Dessert 1 st Choice	Frozen smoothie	Australian crunch	Grasmere gingerbread	Jelly, fruit and cream	Donuts
Dessert 2 nd Choice	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt

